
JUDO FEDERATION OF AUSTRALIA (ACT) INC.

DUTY SUMMARY OF TEAM COACH

1. Have current NCAS accreditation (preferably Level 2 or above).
2. Run training session for squad members on a regular basis.
3. Ensure members strength and fitness levels are pertinent to their individual competition requirements. If necessary, arrange for specialist trainers to attend training sessions or have players attend specialist training at other relevant venues.
4. Produce a Player Profile for each squad member highlighting strengths and weaknesses and discuss these with the player.
5. Ensure squad members are fully versed and understand the current Rules and Sporting Code that apply to Judo and apply coaching techniques accordingly.
6. Attend trial and official weigh-ins at tournaments with players to confirm weights and provide advice on quick weight-loss if required.
7. Constantly monitor squad member's injuries if applicable and be aware of any permanent or on-going medical problems (ie: Asthma, epilepsy, etc).
8. Be present at mat-side during squad member's bouts and provide relevant information and encouragement to the member during these bouts.
9. Provide after-bout feedback to squad member.
10. Be in constant communication with Team Manager and be aware of any information the Team Manager deems necessary regarding team member or members.